

WORSHIP RX

PURSUE RELATIONALLY

To kick things off, go around the circle and answer the following question: What was the worst style choice you ever made? Do you have pictures?

LIVE AUTHENTICALLY

Welcome to another week of At Home Faith. This year we are getting serious about equipping the church with the necessary tools to follow Jesus throughout the week. Christianity is not about going to church; it's about being the church. The calling of Jesus is to follow him in every part and every hour of your week!

This week, Josh continued our series by talking about the importance of worship. Before we jump in, take some time to jump in with your group by answering these questions:

Rate your week on a scale of 1 to 10. Why did you pick the number you did?

What is one life lesson God is teaching you right now?

Which sermon has been the most helpful to you in this series?

LIFEWAY
LIFE





COUNSEL BIBLICALLY

Read Exodus 15:1-18

What stuck out to you about The Song of Moses?

Why do you think singing songs is such a powerful experience?

God's people have used songs to worship Him for thousands of years. The passage you just read is the first recorded worship song. Moses and the Israelites pass through the Red Sea and are leaving a life of slavery for a life of freedom. Before they go any further, they stop and sing a song of praise.

The Israelites had so much to be thankful for in this moment. They had finally received freedom from the army that kept them in slavery for many years, and the first thing they decide to do is sing a song of worship to the Lord. Notice the language they use:

"I will sing to the Lord, for he is highly exalted" (v. 1).

"The Lord is my strength and my defense he has become my salvation." (v. 2)

"The Lord reigns for ever and ever." (v. 18)

Gratitude is an awesome reason to worship! One of the best ways we can thank God for his faithfulness is to stop and sing. You don't have to sing in your group but take some time to practice gratitude together by answering the following questions:



What is one way you've seen God work in your life this week? What are you thankful for?

What is one cool way you've seen God bless someone else's life this week? Tell your group about it.

Read Acts 16:16-30

What is your initial reaction to this passage?

In Exodus 15, we saw God's people worship after a victory, but in Acts 16, we see God's people worship in the middle of a storm.

Paul and Silas were in Philippi trying to plant a church when they were stripped, beaten, and thrown into the inner cell of a prison. First-century prison cells were brutal, but the inner cell was by far the worst. There was no window; it was dark and damp every hour of the day. Prisoners were often thrown into the inner cell to break their hope for life. When it's always dark, you lose your joy.

The goal was obviously to discourage them, but they combat the attempt with worship!

Paul understood that worship is a weapon because it's almost impossible for worry and worship to exist simultaneously.

Have you ever used worship as a prescription in the middle of your storm? If so, tell your group about it.

As we worship, our focus changes from the storms of life to the Kingdom of God! Let's practice getting into the habit of replacing worry with worship with this week's Devote Daily assignment.



DEVOTE DAILY

Fight Your Battles with Worship

Write out Psalm 55:16–19,22 and put it somewhere you will see it frequently this week. Every time your circumstances remind you that you are in a storm, use this passage as a reminder to worship:

Psalm 55:16–19,22

But I will call on God,
and the Lord will rescue me.

Morning, noon, and night

I cry out in my distress,
and the Lord hears my voice.

He ransoms me and keeps me safe
from the battle waged against me,
though many still oppose me.

God, who has ruled forever,
will hear me and humble them.

For my enemies refuse to change their ways;
they do not fear God. Give your burdens to the Lord,
and he will take care of you.

He will not permit the godly to slip and fall.

Pray: As a group, spend some time praying together. If you would like to, you may break up into men and women's groups to share more freely.

Memorize: "Always be full of joy in the Lord. I say it again—rejoice!"
–Philippians 4:4